

BBHI™ 2

Brief Battery for Health Improvement 2 STANDARD REPORT

PATIENT INFORMATION

Patient Name (Optional)	Test Date 11/3/2004 2:01:00 PM
ID Number/SSN 9999999993	Pain Diagnostic Category Upper Extremity Injury
Gender Male	Insurance HMO/PPO
Age 42	Education Level Some college or technical school
Race Hispanic/Latino	Relationship Status Married

PROVIDER INFORMATION

Care Provider	Practice/Program
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RESULTS AT A GLANCE

Global Pain Complaint

Overall pain at testing: 4

Critical Areas

Sleep Disorder

*Treatment for insomnia
could be explored.*

Pain Complaints

Area: 8
Arms or hands: 8
Neck or Shoulders: 5
Head (headache pain): 4
Middle Back: 3
Abdomen or stomach: 0
Chest: 0
Genital Area: 0
Jaw or Face: 0
Legs or feet: 0
Lower Back: 0

Scale Ratings

Defensiveness: Average
Somatic Complaints: Average
Pain Complaints: Average
Functional Complaints: Average
Depression: Average
Anxiety: Average

*These scale ratings all suggest that
this is a typical patient.
No unusual scores are present.*

This BBHI 2 report is intended to serve as a means of screening patients for a number of psychosocial factors that could complicate a patient's medical condition or lead to delayed recovery. It can also serve as a repeated measure of pain, function, and other variables to track progress in treatment as well as outcome.

The BBHI 2 test was normed on a sample of physically injured patients and a sample of community members. This report is based on comparisons of this patient's scores with scores from both of these groups. The BBHI 2 results should be used by a qualified clinician, in combination with other clinical sources of information, to reach final conclusions.

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A raw score of 0 is the lowest possible score.

Brief Battery for Health Improvement 2

Patient Norms Profile

Scales	Raw Score	T Scores		T-Score Profile ¹	Rating	Percentile ₂
		Patient	Comm.			
		■	■	10		
				40 50 60		
					90	

Validity Scale

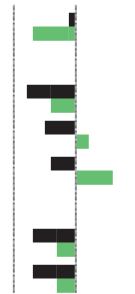
Defensiveness	13	49	43
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Physical Symptom Scales

Somatic Complaints	3	42	46
Pain Complaints	20	45	52
Functional Complaints	11	46	56

Affective Scales

Depression	4	43	47
Anxiety	5	43	47



Average	44%
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Average	25%
---------	-----

Average	38%
---------	-----

Average	35%
---------	-----

Average	23%
---------	-----

Average	24%
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INTERPRETING THE PROFILE:

¹ The T-Score Profile plots T-scores based on both patient and community norms. Approximately 68% of the samples scored between the average range of 40 to 60. Above or below this is clinically significant.

² The Percentile is based on the patient T-scores.

When viewing the T-Score Profile, the longer the bar, the more significantly the score deviates from the mean. One bar outside the average range is significant. Both bars outside is more significant.

Critical Items

The Client responded to the following critical items in manner that is likely to be of concern to the clinician.

Sleep Disorder

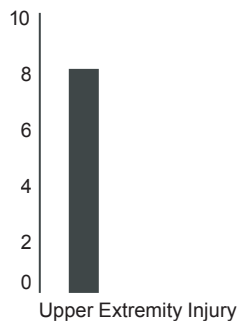
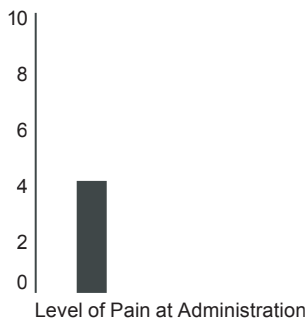
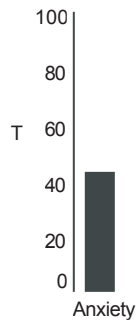
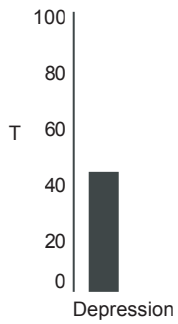
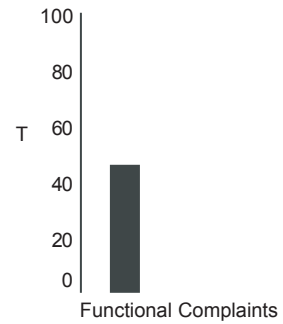
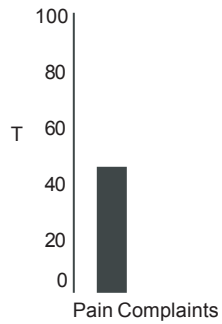
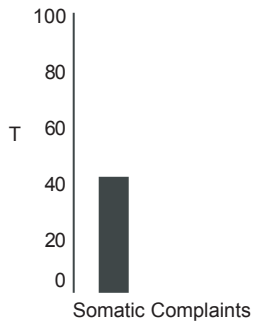
I've had **no** problems with sleeping. (Disagree)

Critical items point out specific problems that the patient reported.

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9999999993
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Test Administrations
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T Score Norms: Patient
Pain Diagnostic Category: Upper Extremity Injury



CLINICAL SUMMARY

VALIDITY: Valid → *Any validity concerns are reported here.*

DEFENSIVENESS: Average

There were no indications that the patient attempted to bias his responses to look either better or worse. This test-taking attitude supports the validity of the patient's self-reports.

SUMMARY OF FINDINGS:

There may be an objective basis for this patient's reports of localized severe and intolerable pain. If so, his profile suggests that he is coping with the emotional stress of this fairly well. However, if there is no objective corroboration of these reports, his profile may suggest that factors in his psychosocial environment (such as high levels of support or secondary gain) offset the emotional distress that might otherwise be expected and may reinforce his pain complaints. Psychological treatment for pain management should be considered.

This paragraph integrates all of the significant BBHI 2 scale findings.

SOMATIC COMPLAINTS: Average

Although his overall level of somatic complaints is not unusual for a patient, some troubling somatic complaints were noted.

PAIN COMPLAINTS: Average

Although there was no broad pattern of pain complaints, severe peak pain was reported.

FUNCTIONAL COMPLAINTS: Average

No unusual disabilities or difficulties with activities of daily living were reported. Such patients are reporting that they perceive themselves as having a generally intact ability to work and function.

DEPRESSION: Average

No unusual depressive thoughts and feelings were reported. The critical item list should be checked for vegetative depressive symptoms.

ANXIETY: Average

No unusual anxious thoughts and feelings were reported. The critical item list should be checked for autonomic anxiety symptoms.

PAIN COMPLAINTS ITEM RESPONSES

The pain ratings below are based on a scale of 0 to 10 (0 = No pain, 10 = Worst pain imaginable). The degree to which the patient's pain reports are consistent with objective medical findings should be considered. Diffuse pain reports, a nonanatomic distribution of pain, or a pattern of pain that is inconsistent with that reported by patients with a similar diagnosis increases the risk that psychological factors are influencing the pain reports.

AREA	PATIENT	MEDIAN*	
Head (headache pain):	4	4	<i>Pain reports are all very similar to the average reports of other patients in the same diagnostic category. This is what you would expect the patient to report.</i>
Jaw or face:	0	0	
Neck or shoulders:	5	6	
Arms or hands:	8	7	
Chest:	0	0	
Abdomen or stomach:	0	0	
Middle back:	3	2	
Lower back:	0	3	
Genital area:	0	0	
Legs or feet:	0	2	
Overall highest level of pain in the past month:	8	8	
Overall lowest level of pain in the past month:	2	2	
Overall pain level at time of testing:	4		
Maximum Tolerable Pain:	6		
Pain Range:	6		
Peak Pain:	8		
Pain Tolerance Index:	-2		

*Based on a sample of 220 patients with upper extremity pain/injury.

The optional Patient Summary you selected is printed at the end of this report. At your discretion, you may give this to the patient to encourage his understanding of and participation in the rehabilitation program.

ITEM RESPONSES

1: 4	2: 0	3: 5	4: 8	5: 0	6: 0	7: 3	8: 0	9: 0	10: 0
11: 8	12: 2	13: 4	14: 6	15: 1	16: 0	17: 0	18: 2	19: 0	20: 0
21: 0	22: 0	23: 0	24: 0	25: 0	26: 3	27: 2	28: 1	29: 1	30: 1
31: 1	32: 2	33: 3	34: 1	35: 1	36: 2	37: 0	38: 1	39: 0	40: 0
41: 2	42: 0	43: 2	44: 2	45: 2	46: 0	47: 2	48: 1	49: 2	50: 0
51: 0	52: 0	53: 2	54: 1	55: 1	56: 1	57: 2	58: 2	59: 0	60: 0
61: 1	62: 1	63: 0							

End of Clinical Report

You can give this summary to your patient or use it to generate ideas about how to present verbal feedback.

PATIENT SUMMARY

The following are the results of your BBHI 2 test. These results were generated by a computer analysis, which compared your responses on this test to the responses of national samples of rehabilitation patients and of nonpatients in the community. This analysis indicates that you are reporting the following significant information about yourself. It is important to remember that the computer can form hypotheses about your current condition, but only your doctor can form a final opinion about what the results of this test actually mean. If you feel that any of the following statements are incorrect, you should discuss this with your medical caregivers. Additionally, if the following interpretation seems to miss important points about you that your doctor or other caregivers should know, you should use this opportunity to share this information with them.

- You approached the test in an even-handed manner, with no apparent tendency to either minimize or magnify your concerns.
- Your profile indicates that you are experiencing localized severe pain. Patients with this profile tend to be very concerned about their pain and focused on seeking pain relief. Whatever the source of your pain, it is important to remember that there are many effective treatments available. It is important to discuss with your doctor the nature of your pain, factors that aggravate it, and the type of treatment that is most likely to be effective for you.
- Your profile indicates that you are reporting a level of physical illness symptoms that is comparable to what is experienced by the typical nonpatient in the community.
- Your profile indicates that you are reporting a level of functional difficulties that is comparable to what is experienced by the average "normal" person in the community.
- Your profile indicates that you are not reporting any unusual degree of negative thoughts or sadness.
- Your profile indicates that you are reporting a level of anxious thoughts and feelings that is comparable to what is experienced by the average "normal" person in the community.

End of Report